COMMUNITY HEALTH WORKERS
A QUICK GUIDE

ABOUT US
CHWs are front line public health workers who are trusted members of and/or have a deep understanding of the community served. They serve as liaisons between health/social services and community members.

10 CORE ROLES
• Building individual and community capacity
• Providing direct service
• Cultural mediation among individuals, communities, and health and social service systems
• Implementing individual and community assessments
• Providing coaching and social support
• Conducting outreach
• Advocating for individuals and communities
• Providing culturally appropriate health education and information
• Participating in evaluation and research
• Care coordination, case management, and system navigation
HEALTH IMPACT

- CHWs help diabetes patients significantly lowered their blood pressure and glucose levels (HbA1c)
- CHWs help community members lower their body mass index, blood pressure and cholesterol

COST SAVINGS

$6.10/$1 in providing self-management education and care coordination for diabetes

$4.01/$1 for childhood asthma management by reducing urgent care visits and hospital costs

$2.92/$1 for managed health care coordination